

WE CAN BE HEROES

We see heroes in movies and books. But there are **everyday heroes** amongst us too.



Doctors, nurses, postmen, cleaners and supermarket staff are heroes too. They help and protect other people through the good work they do.

Masks and plastic face shields, are now part of the uniforms of these everyday heroes.

We can be heroes too!

Put on a mask or plastic face shield when you leave the house.

